A Note From The Senior Program Coordinator

Passaic County 4-H would like to formally welcome Kenneth Faillace “Kenny from the Office” as the new Passaic County 4-H Community Assistant. As many of you already know, Kenny began as an intern in the office in 2011 and has worked part-time with us up until this August. Kenny has grown to be a very valuable member of the Passaic County 4-H Team and without him many of our events would not run so smoothly. We are lucky to have him in the office on a permanent full-time basis now.

Summer is almost over Passaic County 4-H was extremely busy with summer camp programs, teen programs and the Passaic County Fair. Thanks so much to everyone here in the Passaic County 4-H office, our amazing 4-H Leaders/Volunteers and club members who made each event so successful. With the start of our new 4-H Year and fall upon us, we are all looking forward to what’s to come. We welcome new clubs and new club members and welcome back all our returning members. Let’s make this year even better than last.

Looking forward to seeing you all at our 4-H Fair on October 11th at the West Milford Autumn Lights Festival.

4-H Summer Programming

This summer, 4-H healthy living instructor Maria taught the Healthy Living Program at the Paterson YMCA. The groups, 4th-5th grade and 6th-8th grade, were taught the Get Moving, Get Healthy Curriculum to learn how to have fun and be healthy. They were enthusiastic and curious about what it took to live a healthy lifestyle. Many students had questions such as how to read a nutrition facts label and the difference between serving and portion size. They also shared stories on how a good nutrition related to their lives, especially to those who have family members with health issues.

We were able to incorporate physical activity and snack building into each session. Physical activities such as roll-the-dice, read-the-label relay race, and exercise bingo were among the popular activities. The students were most excited to make nutritious snacks: Healthy S’mores, fruit and cheese kebobs, and fruit smoothies. We even made banana "ice cream" on the last day! Through the Healthy Living Program, students were able to gain interest in the growing field of wellness and took away valuable information to share with their family.

Over the summer Passaic County 4-H has continued to provide science, engineering, and technology programs throughout the county. At the Clifton Public Library, Maggie our SET instructor held two hour sessions for three consecutive Saturdays at the Clifton Library. This program, aimed at youth in grades K-3 covered a variety of topics and was different every weekend. Participants learned about their senses, sinking and floating (buoyancy), and even about the environment!

Maggie also taught the favorite Super Roller Coaster project at the Paterson YMCA. Here youths in grades 7-8 built a super roller coaster after 5 weeks of learning how to build each component such as hills, valleys, loops and spirals! We hope to be able to provide a lot more opportunities continuing into the fall for the youth of Passaic County.

“In order to succeed, your desire for success should be greater than your fear of failure.” – Bill Cosby

RUTGERS COOPERATIVE EXTENSION OF PASSAIC COUNTY

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.
Passaic County Fair 2014

This year was the return of the Passaic County Fair at Garret Mountain and 4-H had a huge turn out! The four day fair was a labor of love for us here at the office and for our tireless volunteers who put in well above 800 hours of volunteering over the weekend. But boy did we have fun! With over 200 people a day coming through the tent and participating in all activities. We had everything from water balloon tossing contest, LEGO’s, watermelon eating contest, Oobleck and so much more.

Thank you to the Passaic County Board Of Chosen Freeholders for continuing to support 4-H in Passaic County. Thanks for making the best better.

A humongous thanks to all of our volunteers and staff especially our puppy raisers and their puppies (looking at you Autumn, Callie Victoria, Jibber, and of course Gregory) they were one part of our 1, 2 combo of puppies and chick hatching at the fair. Also big thanks to our Teen Crusaders who also put in a lot of hours over the weekend especially Gianna and Melanie our chick hatching experts.

“Logic will get you from A to B. Imagination will take you everywhere.” - Albert Einstein
Club Updates — The Hoofers

Through the summer and into the fall change is in the air for the Passaic County 4-H Hoofers. It is with a heavy heart the club has said goodbye (hopefully temporarily!) to nine year leader Sue Kendall, and we wish her the absolute best with whatever she may take on! So with new leader, Erin Holswade, and lots of interested youths the Hoofers are starting at the beginning!

Over the summer the Hoofers created a new display board to advertise the club and draw interest at fairs. Club members have also been working on learning the parts of the horse! Using diagrams, model horses, and a super patient palomino horse named Champagne, the Hoofers have been able to put to memory these parts and even see and feel exactly what each body part is like on a living horse! In addition the Hoofers have been working on decorating horse shoes to sell as a fundraiser for a club trail ride in the spring. Look for some great examples of decorated Hoofers horse shoes at the West Milford Autumn Lights Festival!

Junior Council

We have started our new club - Junior Council. Right now we have seven members so we are off to a great start! The Junior Council will give us the opportunity to learn about leadership, community service, and working together to reach our goals. It should be an exciting year! We are still looking for new members, youth in grades 6-8 contact the 4-H office to learn more.

I have just returned from Leadership Washington Focus (LWF) in Washington DC. LWF was an experience that I will never forget. I met new people, explored our country's history and learned so much about being a leader. I learned how to work with others, better communication skills and problem solving. The things that I learned at LWF will not only help me in my 4H clubs but will also help me in my future life as well. It was so much fun and I am hoping to attend Citizen Washington Focus in a few years!

- Nicole, Junior Council

Healthy Living Club

Greetings all! There is a fun, new program for 4th-8th graders who are interested in developing healthy living habits that is led by Amanda Rossi and new co-leader Petricia. The Woodland Park Healthy Living Club meets every third Monday of every month at 6:00pm at the Woodland Park Library.

We had our first meeting this summer on Monday July 21st and it was a blast! We learned about the five food groups and what foods went into each category and we also had a few fun physical activities that included hoola hoops, dancing and much more. We want kids to learn to make healthy choices while they are young so they can continue to make healthy choices as they grow older. It is important to teach children healthy habits at a young age.

We will be having our next meeting on October 20th starting at 6:00 pm at the Alfred H. Bauman Library, 7 Brophy Lane, Woodland park, New Jersey 07424. So come out and let’s have some fun as we learn about staying healthy. We look forward to seeing you there!
Club Update — I See For You Puppy Club

Our puppies and their families have been very busy this summer going on outings and giving demonstrations for various organizations. At the end of May, club members received two new puppies, Owen and Reggie. It is always very exciting (for dogs and people) to welcome these cute little balls of fluff. They change so much during the year that we have them.

In May, club members and pups Victoria and Callie visited The Highlander Academy in West Milford to teach students about The Seeing Eye, and the job of a guide dog. We explained what it is like to raise a puppy and students get to pet the puppies.

In June, Victoria, Reggie, Gregory, Owen and Callie went to Kinnelon Library and did a demonstration for library patrons. They showed how well they know the commands “sit”, “down”, “come” and “rest” (stay). Jibber, Autumn, Victoria, Callie and Gregory also went to Liberty Science Center. They were very well-behaved while exploring the various exhibits with their families, and interacting with other visitors at the science center. We also had an outing to the Warwick drive-in with Victoria, Reggie, Gregory, Owen and their families. This is a good experience for the puppies, with all the cars, people, and the noise from the movie.

The club had three town and mall walks this summer. The first was at Preakness Mall in Wayne, the second was our annual Pompton Lakes walk where the puppies practiced going up and down open stairs at the high school, and club members enjoyed an ice cream treat. The third outing was to Rockaway Mall, where we took the puppies up and down the elevator.

In July, we did another demonstration at the Pompton Lakes Summer Day camp with Autumn, Callie, Reggie, and Owen, followed that evening with another trip to the Warwick drive-in for Victoria, Autumn, and Callie. What a busy day!

On August 9, The Seeing Eye hosted a “Family Day” for all puppy raisers and their families. We get to tour some of the kennels, watch trainer demonstrations, listen to graduates as they talk about their experiences with their guide dogs, and attend various programs about raising a puppy. It is a chance to meet and talk to people from other clubs, and a fun day for everyone.

The Passaic County Fair was held from August 14 – 17 at Garrett Mountain. Six of our pups represented The Seeing Eye every day at the 4 H tent. Autumn, Callie, Gregory, Jibber, Reggie and Victoria enjoyed meeting and greeting fair-goers and demonstrating their skills and commands.

We finished up our summer activities with our annual puppy club barbecue and pot-luck pool party at a club member’s home. Puppies and people enjoyed socializing with one another in a relaxed setting. Some of the puppies even went for a swim.

“The only way to do great work is to love what you do. If you haven’t found it yet, keep looking. Don’t settle.” – Steve Jobs
Club Update—Teen Crusaders

Over the course of one week, from July 7th to the 11th, 63 students were chosen to attend the Samsung sponsored Rutgers 4-H Summer Science program. This event helped the students experience skills and gain knowledge to prepare them for the future. They learned the purpose of different scientific fields, how to use critical thinking to study problems and find answers, what to expect when they get to college. The overall purpose of this program was to help students interested in STEM plan ahead and create a future for themselves.

On the first day of the program as students arrived on campus, the teens had to sign in to receive a room key and building card for their new homes of the week. After all the packed items were placed in rooms, everyone attended the orientation. It was like the first day of college. That was followed by a series of ice breakers to get the teens to know one another. Then there was a SuGO robotics challenge that, through competition, taught students how to think creatively to build a winning sumo wrestling robot. The first day was a big success in getting the students ready for a scientific week.

The second day of the summer science program, the teens were able to interact with scientists of different fields. There were three session 15 minutes long that allowed each student to discuss topics with a person that worked in the field the teen was interested in. At the end of the third session each scientist took what ever group that had to their place of work. Renya Martian-Davis stated, "We went to Rutgers farm, and meet the animals. It was fun yet stinky. We met Stevie (a piglet) and I got to feed her from a bottle." After a lunch break, the 4-H participants got to explore STEM sessions and experiment in three classes. The classes were Exploring Human Muscles (taught by Diana Vengsarkar), DNA laboratory (taught by Dr. Patty Irizarry-Barreto), and Invisible Life: Microbiology (taught by Dr. Haggblom, Nicole, and Ann). Following that was a cookout along with a Q&A from a Rutgers student panel and Assistant Dean.

On the third day of the program, all the students were assigned to different research groups. Each group got it's own scientist and they all learned the purpose and objective of the scientist field. This information was used to help the teen propose an answer to the problem they chose. This was all necessary to prepare them for the for Friday's presentation. Every student would agree with Arneris Rojas when she said, "I was a scientist for a day".

The fourth day of the program was set up to prepare the teens for after the week was over. They had the option of taking what they learned and it to their communities by becoming Science Ambassadors. A student or two from every county was assigned to learn a lesson and teach it to the peers from their county in who in turn taught them. Once this was over the teens were treated to a Physics show by Dave Maiullo and his team of students. It was an amazing show and awesome to know what you could do with the laws of physics and creativity.

On the last day of the program the students dressed formally to present what they learned during the week. The groups that studied with the same research team were put into small groups and they designed a poster together. Friends, family, and other guest came to the closing Luncheon to support the participants. Along with the scientific knowledge gain students got to know what it was like to live on a campus and everyone made new friends before leaving. At the end of each day teen had an hour of recreation time to play sports or just hang. The pool was available on Tuesday and that was popular along with the food court's ice-cream machine. The teens were able to have fun while learning a lot, overall the 4-H Rutgers Summer Science Program was an amazing experience, but it is best said by Parth Patel," The point of the program was to bring the inner scientist out of all of us." So on behalf of all the students who attended, 4-H, Rutgers University, and Samsung all deserves a big thanks for a wonderful week.

All our dreams can come true, if we have the courage to pursue them. —Walt Disney
Hi there. I am Rebecca Byrne and I am the former President of the Velveteens. We have had very interesting year learning about civics and government by working with the Beautification and Recycling Committee in West Milford. Did you know recycling lowers garbage costs and brings money to a town when people buy the products recycled? The Committee listened and supported Murad’s presentation on the Seed Bank and many committee members helped spread the word around town about it. Many different club-members came to their meetings to see this project through. All of Murad’s seeds were snapped up, and his log book at the library had many happy comments and thank-you’s. Murad’s work must be excellent because he was chosen to serve on a national 4-H Committee in July. Matt, who ran successfully for Treasurer this year, helped us along by getting TJ’s Pizza to donate 50 slices and a soda for the West Milford Beautification Day and made the official prize slips for them. Club members promise to help this committee out the day after Autumn Lights by cleaning the Dam area and recycling any waste properly. Just when you thought I was done talking about recycling, there is more! Amanda, Brendan, Matt and Murad helped our recycling goals by working at Hazelman Farms several times on a huge recycling project he is doing to recycle food waste. Did you know compost can feed chickens protein by bringing worms into their diet? Rocky gave the club animals food compost. Because of this we learned that if you feed a lot of fiber to chickens, including bread and Chinese noodles, egg production slows down. This was tested across all our poultry members and friends with the same results. Thanks for the knowledge, Rocky!

We scaled back the garden this year. Many of the seedlings we started were not transplanted in time and died, but our Ichiban eggplant is amazing! We had better success with flowers than most of our vegetables, especially begonias. We soon hope to learn how to save our marigold, larkspur, borage and lettuce seeds to restock these for Murad’s Bank next year. Virginia’s sunflower seeds are blooming right now and we hope some will be ready for the Fair.

Rutgers Day was a blast. Amanda, Murad, Brendan and I enjoyed a scavenger hunt at the library, visited many booths and came home having learned a lot more about what Rutgers has to offer. Now we all want to go to Rutgers! My best memory is Brendan performing actual brain surgery in the street taught by the head of Robert Wood Johnson Hospital. The brain was made out of Jell-O and had a cloudy-looking aneurism we took turns repairing. Ewwww!

Besides recycling hundreds of pounds of paper, cardboard, coffee grounds and other items, we even salvaged and repurposed some toy rocking horses! Club members repaired and painted them for the Memorial Day Parade float. We also finally finished our fabric heraldry project in time for the parade. We displayed them proudly at the medieval camp at Pennsic. Sadly, they were improperly stored after the parade and may not be fit for display at Autumn Lights. Medieval camping at Pennsic was very exotic experience which allowed us to meet people from all over the country, and we teamed up with some other 4-H members from New York State to make it happen. There are over 1500 hundred classes at Pennsic University, and we took classes every single day, such as Beginning Blacksmithing, Falconry, and How to Tell Time without a Clock.

Finally, we did service projects planting pansy flowers at the PAL building and the United Methodist Church. The United Methodist Church has asked us to help them have a “Blessing of the Animals” event in late October. We also would like to know if any members of Passaic County 4-H or their leaders have an interest in CPR. We may have an opportunity to offer a bona-fide state of NJ C.P.R. card for cost this winter, ($10.00). However, if you are not interested in being certified, but want to learn CPR skills, you can attend for free. There is a ratio of instructors to pupils, so if there is any interest please do let the Velveteens know as soon as possible so we can have sufficient teachers. The date has yet to be assigned.

I hope everyone is prepared for a busy new year. I have been honored to be president all these years of both the Velveteens and my former club, The Rocking Horse Rockers. But it is time to pass the baton as I get ready for a very heavy academic year. Please warmly welcome Arianna Bos as the new club president of the Velveteens. We kids, with help from a few adults, built this Farm at Windy Point, and I am so very proud of all we have accomplished, and all we learned. It's been a slow and amazing journey, but we stood by one another through thick and thin. I do believe we were changed for the better.

— Rebecca Byrne
Club Update — Preakness Aggies

Welcome back fall! And welcome back to a new year at the Preakness Aggies 4-H club. My name is Lori Reilly and I am excited to be co-leading the Aggies this year with Mike Semeraro. I look forward to building a friendly and fun atmosphere within the club. It will be great for the members to see old friends and make new ones. I am excited for the children to explore their interests through crafts and field trips and discover new interests as well. This year I will do my best to help them grow and reach for their dreams. I hope to guide them, teach them and share with them. We have a packed calendar with events such as fossil hunting and apple picking. We have numerous craft projects in the works. Plus we have a sprinkling of other fun activities. Please join us this year in the Preakness Aggies 4-H club as we explore the wonderful world around us.

Teen Community Service Week 2014

This year’s Community Service week started off with a trip to the New Jersey Community Food Bank. Upon arrival of the Passaic County 4-H Teen Crusaders were greeted with the group’s name listed on the volunteer list of the day! They were then lead down to a room, where a volunteer coordinator explained the task for the day; preparing pamphlets. The coordinator spoke of how important monetary and food donations are for the food bank as it attempts to stifle New Jersey’s hunger issues. After two hours of sorting, folding, and stacking, the teens and folded dozens of informational pamphlets that the food bank would be able to send out.

After a quick lunch it was off to Preakness Healthcare Center in Wayne, NJ. After going through a short training which included an overview of the facility and how to properly handle a wheelchair, the teens were broken up into various groups and assigned to various activities. Some of our fluent Spanish speakers assisted with a Spanish Club meeting, while other teens were buddied with a particular patient or oversaw the activities in a group room. Many of the teens wished they could’ve volunteered at this location for more than two hours!

So many teens participated in Teen Community Service Week that on Thursday we had to split them up. Some of the teens went to the Montclair Community Gardens to work with Essex County 4-H Program Associate and the Essex County Master Gardeners. Here the teens got to learn about the different techniques utilized in gardening as well as the large variety of plants and vegetables that are planted in this community garden!

Back in Paterson, the remaining teens were teaching a Gliders activity to different groups of youth (grades 4-5 and then 6-8) who were enrolled in the summer program at Oasis: A Haven for Women and Children. These Teen Crusaders who are also 2014-2015 SET Ambassadors helped teach these children that science can be rewarding, easy, and fun! Teens guided the youth in creating gliders that float in the air with only index cards, tape, binder clips, paper clips, and straws. At the end of the activity the teens helped the youth create a personal glider for them to take home!

On the final day of Teen Community Service week the Passaic County 4-H Teen Crusaders spent the day at the Sussex County Fair & Horse Show. They spent the morning learning about and interacting with Sussex County 4-H’ers and their animals. The teens learned about chickens, sheep, pigs, cows, and even got to try out showing goats! In the afternoon the teens were rewarded for all of their hard work by exploring the other sites, sounds, and rides of the fair. All and all it was one successful week!
Upcoming Events

September
☆ Passaic County 4-H Day of Play, September 20, 2014, Garret Mountain at The Boathouse
☆ Bergen County 4-H and Master Gardener’s Fair, September 27-28, 2014
☆ National Youth Summit Series: Aerospace Engineering, September 24-28, 2014, National 4-H Conference Center, Chevy Chase, Maryland

October
☆ National 4-H Week, October 6-10, 2014
☆ 4-H National Youth Science Day, October 8, 2014
☆ National Youth Summit Series: Robotics, October 9-13, 2014, National 4-H Conference Center, Chevy Chase, Maryland
☆ Columbus Day — October 13, Office Closed
☆ Passaic County 4-H Fair at the West Milford Autumn Lights Festival, October 11, 2014, West Milford, NJ
☆ Halloween Happenings at 4-H Camp, Stokes State Forest October 25, Branchville, NJ

November
☆ Election Day — Office Closed
☆ National Youth Summit Series: Maker Summit, November 6-10, 2014, National 4-H Conference Center, Chevy Chase, Maryland
☆ Veterans day — November 4, Office Closed
☆ Thanksgiving Day — November 27, Office Closed
☆ Day After Thanksgiving — November 28, Office Closed

SAVE THE DATE!
Discover the Leader in You! Regional Conference

Date & Location
March 21, 2015
10:00 AM-3:30 PM
Former Agricultural Museum of New Jersey, 103 College Farm Road, G.H. Cook Campus, New Brunswick

Purpose
4-H members in grades 6-7 are invited to attend this leadership conference. You will have fun, meet new friends and develop leadership and personal development skills that you can utilize at home, in school, in your 4-H club, and in your community.

SAVE THE DATE!
The Wal-Mart Food and Fitness Ambassador Training

Dates & Location
October 18th, 2014
9:00AM-5:00 PM
Rutgers Cooperative Extension of Monmouth County office. The training begins with registration at 9:00 a.m. on Saturday and ends at 5:00 p.m.

Purpose
4-H members in grades 8-13 in a club program who are interested in Healthy Living and would then support Get Moving Get Healthy efforts in your county and become a Healthy Living Ambassador.

Look for the Fall Issue of 4-H Happenings in November
Passaic County 4-H Fair
Exhibit Entry Form

Please return this Exhibit Form to your 4-H Club Leader by September 19th so they can review, sign, and forward this Exhibit Entry Form to the Passaic County 4-H Office by September 24th.

Name of 4-H Member (please print) __________________________________________________

Age________ Grade_______ Check if Cloverbud – K-3rd Grade ( )

Address ________________________________________________ Phone ___________________

Name of Club ____________________________________________________________________

List 4-H Club Project Areas _________________________________________________________

List 4-H Independent Project Areas ________________________________________________

Signature of 4-H Club Leader _______________________________ Date _________________

Exhibits must result from work completed since last year’s Fair and must be the work of the 4-H club member with little help from an adult. Exhibits can be a result of club work or individual work including school assignments.

Exhibit Entry Tags will be completed when exhibits arrive at Fair.

Please remember to list all possible items you want to enter in the Fair on this form!
♦ If the item is not available at Fair time, it can always be scratched from this form.
♦ You will not be allowed to add items to this list after your 4-H Club Leader has forwarded it to the 4-H Office.

If you have any questions about completing this Exhibit Entry Form or the Entry Tags, please refer to the updated Passaic County 4-H Fair Exhibit Guide or ask your 4-H Club Leader for help.

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Prepare For Fair!

West Milford Autumn Lights Festival October 11th, 2014

Fair is less than a month away! Make sure you are ready to exhibit!

- Check the fair exhibit guide (available on the Passaic County 4-H website) and make sure what your members want to exhibit is in there, if its not please contact the office.

  ***Updated Exhibit guides and Entry forms are on the website!***

- Prepare club displays, fair is a great chance to attract new members and volunteers. Make sure to have an informative club display for fairgoers. New club displays can be exhibited as well.

- Record books keep getting better every year and our essential to keeping track of your 4-H experiences. Make sure club members have their record books if not contact the office. *Remember there are record books for almost every focus (horses, dogs, leadership etc).*

- Members in good standing: A 4-H member in good standing attends 70% of club meetings, has participated in public presentation at club, county or state level, submits a record book and has participated in a 4-H sponsored community service at club, county, regional or state level.

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4-H Passaic County Newsletter

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Passaic County 4-H  
Senior Program Coordinator

Kenneth Faillace  
Passaic County 4-H  
Community Assistant

Erin Holswade  
Americorps VISTA

Robert Salkowski  
Americorps VISTA

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National 4-H Website: www.4-h.org

New Jersey 4-H Facebook: www.facebook.com/NewJersey4H  
Passaic County 4-H Facebook: www.facebook.com/pages/Passaic-County-4-H

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RUTGERS COOPERATIVE EXTENSION OF PASSAIC COUNTY

The 4-H Youth Development Program is part of Rutgers New Jersey Agricultural Experiment Station Cooperative Extension. 4-H educational programs are offered to all youth, grades K-13, on an age-appropriate basis, without regard to race, religion, color, national origin, gender, sexual orientation, or disability. For additional information, contact 973-684-4786 or nj4h.rutgers.edu. Cooperative Extension encourages individuals with disabilities to participate in its programs and activities. If you need special accommodations, have questions about physical access, or require alternate means for program information, please contact your local Extension Office. Contact the State Extension Director's Office if you have concerns related to discrimination, 848-932-3583. Rutgers Cooperative Extension is an equal opportunity program provider and employer. Contact your local Extension Office for information regarding special needs or accommodations. Contact the State Extension Director’s Office if you have concerns related to discrimination, 848-932-3583.